**FOOT BATH LIMITATIONS**

**WHO CAN NOT HAVE A FOOT BATH?**

Patients CAN NOT have a foot bath if they:

* **Have taken any medications within 2 hours of foot bath appointment**
* **Are pregnant or breastfeeding**
* **Have a pacemaker**
* **Medication to prevent rejection of a transplanted organ**
* **Blood thinners**
* **Medications for an irregular heartbeat**
* **Pill Form Chemotherapy** – (see criteria below for Drip Form Chemo)

**WHO HAS TO MEET CERTAIN CRITERIA TO HAVE A FOOT BATH?**

* **Electrical implants -**  can only have a foot bath if they can safely shut the electrical device off.
* **Mental health medications –** those who can safely skip a dose of their medication can take a foot bath. (Dr. can approve)
* **Blood pressure medications taken twice a day -**  can safely have a foot bath.
* **Blood pressure medications taken once a day -**  they must take the medication only AFTER the foot bath.
* **Drip Form Chemotherapy -** it has to be at least 3 days since the last treatment to safely have a foot bath.
* **Hypoglycemia -** recommended to eat 30 minutes before foot bath.
* **Diabetic -** recommended to eat 30 minutes before foot bath.